

MONDAY - FRIDAY UNTIL 3p

SALADS

HALF WEDGE SALAD 12
scallion - bacon - heirloom grape tomato
bleu cheese crumble & dressing - green onion - balsamic reduction

SEA-SAR 10
romaine chopped lettuce - cracked black pepper
caesar dressing - house croutons - parmesan cheese

ADD ONS:

grilled/fried chicken +4 grilled shrimp +6 grilled salmon +8 blackened redfish +8

HANDHELDS

served w/ chips or fries
add: side salad +3 or cup of seafood chowder +4

SHRIMP ROLL 15
chopped shrimp - tarragon-cucumber dressing - toasted roll
butter - sob seasoning - dill

PO-BOY 13
your choice of 1 fried: shrimp - oyster - catfish - chicken tenders
tomato - arugula - tartar sauce - french bread
served w/ viet slaw**

SOB CHICKEN SALAD SANDWICH 13
croissant - home made chicken salad
spring mix -tomato

S.O.B BURGER 13
craft blend beef* - arugula - bacon jam - brioche
smokey burger sauce - provolone - garlic
bacon +3

add: side salad +3 or cup of chowder +4

SOB ALFREDO 13
linguini pasta - sliced bell pepper - butter
alfredo sauce - cajun seasoning - garlic
served w/ french bread
grilled/fried chicken +4 grilled shrimp +6 blackened redfish +8

NOLA PASTA 12
linguini pasta - butter - nola bbq seasoning - charred lemon
thyme - heirloom grape tomato - served w/ french bread
grilled/fried chicken +4 grilled shrimp +6 blackened redfish +8

SOB LUNCH WINGS (8) 12
mild - medium - hot - lemon pepper - SOB hot sauce
served w/ celery - choice of herbed ranch or blue cheese

ASIAN GLAZED GRILLED SALMON 18
crisp garlic - sweet soy ginger - charred orange - toasted sesame
over bed of seasonal veggies - served w/ white rice

LUNCH SEAFOOD & GRITS 18
blackened fish - smoked gouda grits - tasso ham gravy
charred lemon - tomato chutney - green onion

ROCKIN' FISH TACOS (2)
viet slaw** - ginger dressing** - sriracha aioli
cucumber - pickled onions - corn/flour tortilla
served w/ black beans
fried or blackened fish 10
fried or blackened redfish 13

BRAISED SHORT RIBS 20
wine braised beef short ribs - thyme - garlic - fried garlic
cabernet - sweet onion - carrots
balsamic reduction - caramelized onion mashed potatoes
(limited amount daily)

* THESE ITEMS MAY BE SERVED RAW OR COOKED TO ORDER. CONSUMING RAW OR UNDERCOOKED EATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS
MAY INCREASE YOUR RISK OF FOODBORN ILLNESS

**VIET SLAW & GINGER DRESSING CONTAINS PEANUTS



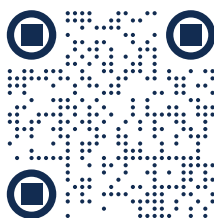
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LUNCH SPECIALS



 @seasideoysterbar

 seaside oyster bar



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